



Basketball

AGENDA

- **UIL Information**
- **Coaching Reminders**
- **Practice & Contest Regulations**
- **Eligibility**
- **Non-School Participation**
- **Miscellaneous Information**



Director of Athletics

Dr. Susan Elza



Assistant Athletic Directors

Brian Polk



AJ Martinez



Joseph Garmon



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UIL Athletic Department





LEAGUE GOVERNANCE

- ✓ **Legislative Council** – Rule making body, 32 superintendents, all regions, all conferences represented.
- ✓ **State Executive Committee (SEC)** – 12 school administrators appointed by the Commissioner of Education.
- ✓ **Waiver Review Board** – 10 person committee, reviews decisions of the UIL Waiver Officer on appeals
- ✓ **District Executive Committee (DEC)** – Consists of ONE voting member per school in a given UIL District.



CONSTITUTION CHANGES

2019-2020

- ✓ **Sport Specific Training / Strength & Conditioning** - new regulations, Q&A on website. **Two hours** per athlete total, all sports combined.
- **Non-School Participation** – allows students in grades six and below to participate in two school sponsored camps per sport during the school year. Additionally, this also allows for all students other than students who will be in their second, third, or fourth year of high school to attend two camps (rather than one) in each team sport during the summer where instruction is provided by a school coach in grades 7-12



2019-2020 CHANGES

- **Emergency Action Plan** – Requires member schools to have an EAP for each venue that will host practice or contests in the district (MAC, 2019-20).
- **Catastrophic Reporting** – Proposal will require all member schools to report catastrophic injuries that occur in practices or competitions on an online reporting form (MAC, 2019-20).
- ✓ **Injury Reporting** – 6A conference only. Requires all 6A schools to report concussion incidents for all sports to Context.



2019-2020 Updates

- **Online PAPF / Waivers** – Projected October 2019
- **Transportation** – Non-school vs school sponsored (S&C, skills)
- **Character Development** – Outside the school day, must be voluntary, no sport specific information
- **Ejections** – Went well, official's role concerning incident reports - 48 hours to report. Could should report as well
- **Summer Sport Specific Training** – We need your feedback...did you utilize it, did you like it, why or why not
- **2019-20 Start Date** – October 23rd (girls), October 30th (boys)



UIL Staff Studies

- ✓ Allowing 7th through 12th coaches to coach their seniors once an athlete's eligibility is expired
- ✓ In 1A and 2A, allow for more than one team to compete when a school meets the 6th grade participation exception
- ✓ Possibility of allowing college students to help with teams outside of student teaching
- ✓ Allowing intra-district athletic competitions between elementary schools

COACHING REMINDERS

- ✓ **Know Your Rules**
- ✓ **S & C / Sport Specific Skill Instruction Guidelines**
- ✓ **Yearly Required Training**
- ✓ **Educate / Lead Your Staff**

"I didn't know what the outcome would be but I committed to the purpose."



#coachingwithintent

Know Your Rules

- ✓ Make sure you have a sport rule book (NFHS, NCAA, USTA, USGA).
- ✓ Download and / or print your [SPORT MANUAL](#)
 - Manuals include C&CR sport plan language, NFHS rule changes, UIL rule changes and they are updated annually.
- ✓ Download or bookmark the Side by Side Manual
 - Will answer questions about no-pass / no-play, eligibility and more.





Accessing Your Manuals

From your desktop

The screenshot shows the website www.uiltexas.org in a web browser. A red arrow points from the address bar to the URL **www.uiltexas.org**, which is enclosed in a red box. Another red arrow points from the 'ATHLETICS +' dropdown menu to a text box that says **Go to specific sport or go to manuals in dropdown box**. The website header includes the UIL logo, navigation links (Home, About, Calendar, Contact, Shop, UIL Portal), social media icons, and a search bar. The main navigation bar lists categories: ACADEMICS +, ATHLETICS +, MUSIC +, SPIRIT +, MEDIA +, and POLICY +. The background of the page features a close-up image of several gold medals with the UIL logo and 'ATHLETIC LEAGUE' text, resting on a blue and white striped cloth.

The University Interscholastic League

The University Interscholastic League exists to provide educational extracurricular academic, athletic, and music contests.



Finding Your Manual

From your desktop

Go to specific sport or go to manuals in dropdown box

UIL Home > Athletics > Athletics Manuals

MANUALS

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Athletics

- Athletics Home
- High School Sports
 - Baseball
- Junior High Sports
 - Basketball
 - Cross Country
 - Football
 - Golf
 - Soccer
 - Softball
 - Swimming & Diving
 - Team Tennis
 - Tennis
 - Track & Field
 - Volleyball
 - Wrestling
- UIL Portal
- Sports Officials
- Alignments
- Health & Safety
- District Chairs
- Forms
- Manuals
- Archives
- Scoreboard
- Lone Star Cup

Sport Specific Manuals

- Baseball Manual
- Basketball Manual
- Cross Country Manual
- Football Manual
- Golf Manual

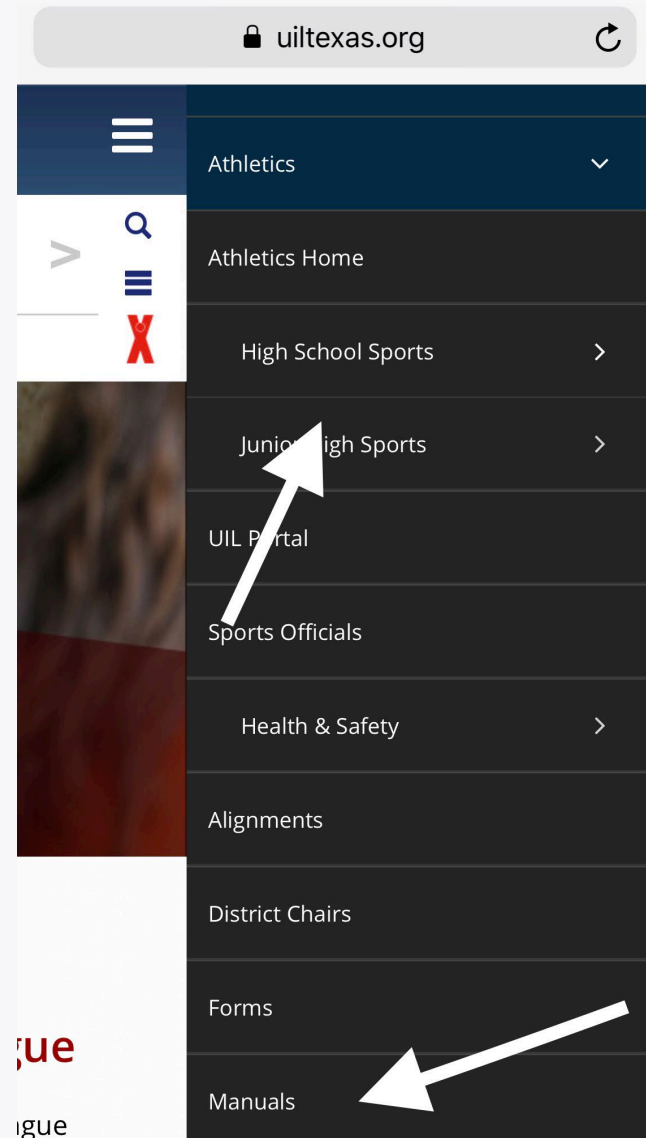
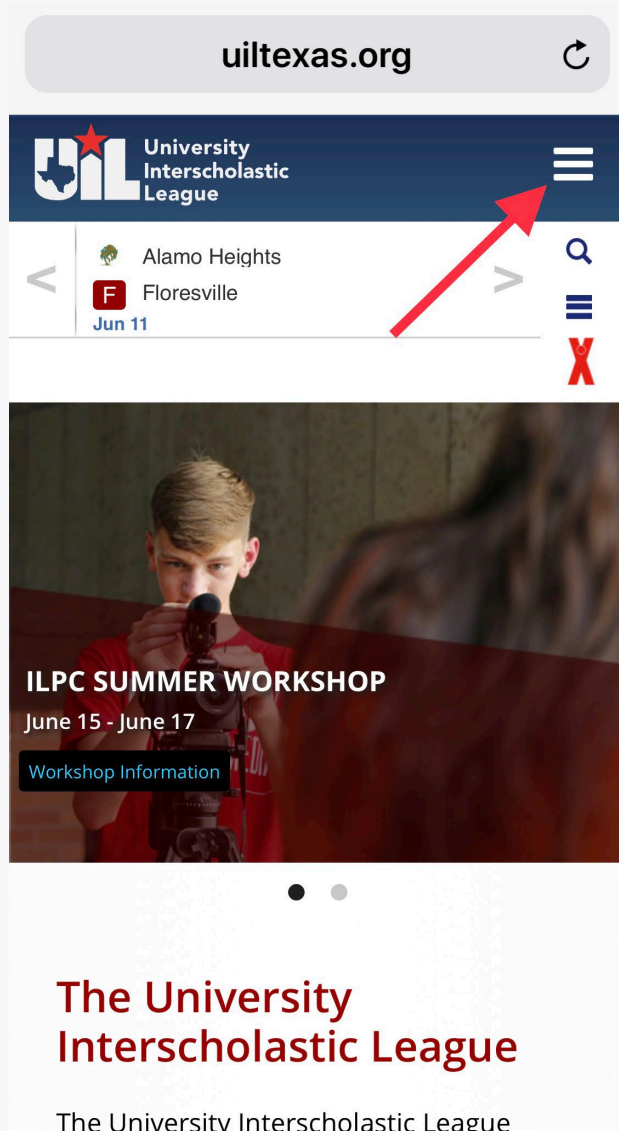
Junior High Manual

The Junior High Manual is available on each of the Junior High Sport pages.

- Junior High Sports

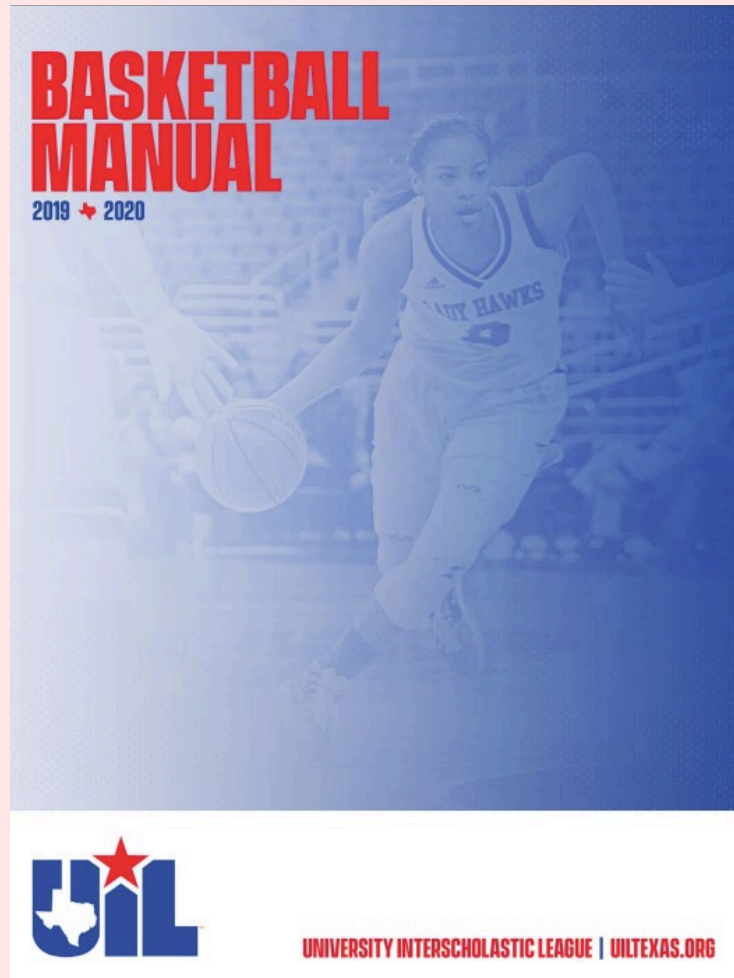
Accessing the Manuals

From your phone





Accessing the Manuals



BASKETBALL

Specific Information



Participation Numbers

2018-19 BASKETBALL Numbers

Girls

1,332 Teams

43,004 Participants

Boys

1,340 Teams

56,312 Participants



ALLOWABLE BASKETBALL CONTESTS

(2019-2020)

- 0 Tournaments and 27 Games or
- 1 Tournament and 25 Games or
- 2 Tournaments and 23 Games or
- 3 Tournaments and 21 Games

2 games may be substituted for a tournament.



Basketball Dates



Girls Basketball – October 23rd – first day allowed for practices.

Boys Basketball – October 3th – first day allowed for practices.

Girls 1st Scrimmage Date – November 2nd

Boys 1st Scrimmage Date – November 9th

Scrimmage – a meeting of not more than four teams for practice purposes, which does not count as a game for any of the teams.

Allowed Scrimmages: Limited to two scrimmages (with up to four participating schools). Only one scrimmage allowed during the school week.

No scrimmages allowed after first inter-school game is played.

BASKETBALL GAMES



Games Per Day: No team can compete in more than two games per day, including tournament games.

Exception: Contestants and teams may play three games in a one day tournament scheduled on a Saturday.

Games per week:

- *Matched Games Only.* Two matched games per calendar week.
- *Week of Invitational Tournament.* One matched game during the calendar week of an invitational tournament.
- *Week of a District Tournament.* Two matched games. (to be considered a district tournament, at least three teams shall be assembled at one site for an elimination contest on consecutive days.)

Double Header. A student could play two back to back varsity games or in a varsity and sub-varsity game, at the same site, the same night.

- This would count as the two total games the student may play for the calendar week and two of the total games for the season.
- Students may not play in a tournament the same week as they play in a double header.

GAMES SUBSTITUTED FOR TOURNAMENT

- Two games may be substituted for a tournament.
- ***Exception When Games are Substituted for Tournaments.*** Students may play in three matched games per calendar week under the following conditions:
 - A. Two of the three games are being played instead of a tournament; and
 - B. Two of the three games are on a Friday and a Saturday, or on a night prior to a school holiday and a non-school day.
- Max number of tournaments allowed - 3



GAMES DURING DECEMBER/JANUARY BREAK

Exceptions During December/January Holidays. Following the five-day holiday restriction until school resumes in January, schools may participate in no more than:

- a. two matched games during the calendar week of an invitational tournament;
- b. two matched games plus two matched games played in lieu of an invitational tournament during a calendar week; or
- c. three matched games during a calendar week if they are not participating in an invitational tournament or playing games in lieu of a tournament.



BASKETBALL PLAN

Invitational Tournaments



A **tournament** is defined as at least three teams assembled at one site for competition.

- **Invitational Tournament Restriction.** No team shall participate in an invitational basketball tournament held on a Monday, Tuesday or Wednesday, except on school holidays. However, matches or games in tournaments may be played after school on the last day of the school week prior to holidays.
- **Invitational Tournament Exception.** Basketball tournaments may be scheduled on non-consecutive days. A two-day tournament shall not be scheduled on Thursday and Friday. A one-day tournament shall be scheduled on Saturday.

Total Number of Matches Allowed in a Tournament.

- * 1-day tournament – 3 games
- * 2-day tournament – 4 games
- * 3-day tournament – 6 games

Pool Play - 4 minute quarters – all 4-minute quarter pool play games played in a day count as one of the two allowable games for the day.

HOLIDAY RESTRICTION



Schools may not conduct contests or practices, use school facilities, personnel or equipment during five consecutive days of December. Any five consecutive days can be chosen but **must include December 24, 25 and 26** with the following exceptions:

1. When December 26 falls on a Thursday, schools may participate in tournament games on December 26.
2. When December 26 falls on a Thursday, schools must still follow a five-consecutive day restriction, including December 24 and 25.
3. No practice is allowed on any of the five consecutive days.
4. No travel allowed on December 25.
5. If tournament game is scheduled for December 27, travel is allowed on December 26, but no practice is allowed.
6. A team that has a game on December 23 could travel home on December 24 and still be in compliance with this section.
7. Any exceptions to these restrictions when safety concerns exist relative to travel may be requested to the UIL Executive Director or their designee.

Frequently Asked Questions?



➤ Games and State Testing

- *Regular season –local district decision*
- *Postseason – cannot play games until the day after testing ends. (ie. last day that primary test is administered is Thursday, that school cannot play until Friday.)*

➤ Varsity Games postponed due to weather

- *May be made up as an exception to the school week limitation provided it is made up on the **next available date**.*

➤ Warm-up Games

- *Only teams who are district champions and have a first round bye in the play-offs are given a game in addition to their season limit.*
- *Teams that have advanced to the playoffs may schedule a warm-up game after the District Certification Date that is set by the UIL calendar and before their first playoff game if a team has not reached their allowable season limit. School week limitations apply. **Note:** These games are scheduled like any other regular season game.*

COACHING REMINDERS

- Know Your Rules
- Yearly Required Training
- Educate / Lead Your Staff





UIL Coach Education and Training Requirements (State Law)

- CPR and First Aid Training – must have a current certification filed with the district
- AED Training – must have a current certification filed with the district
- Safety Training – training provided by UIL (CCP) program, and must be completed prior to any contact with students
- Concussion Training – training must be completed annually (2 hours every other year/1 hour annually)





UIL-CONSTITUTION CHANGES

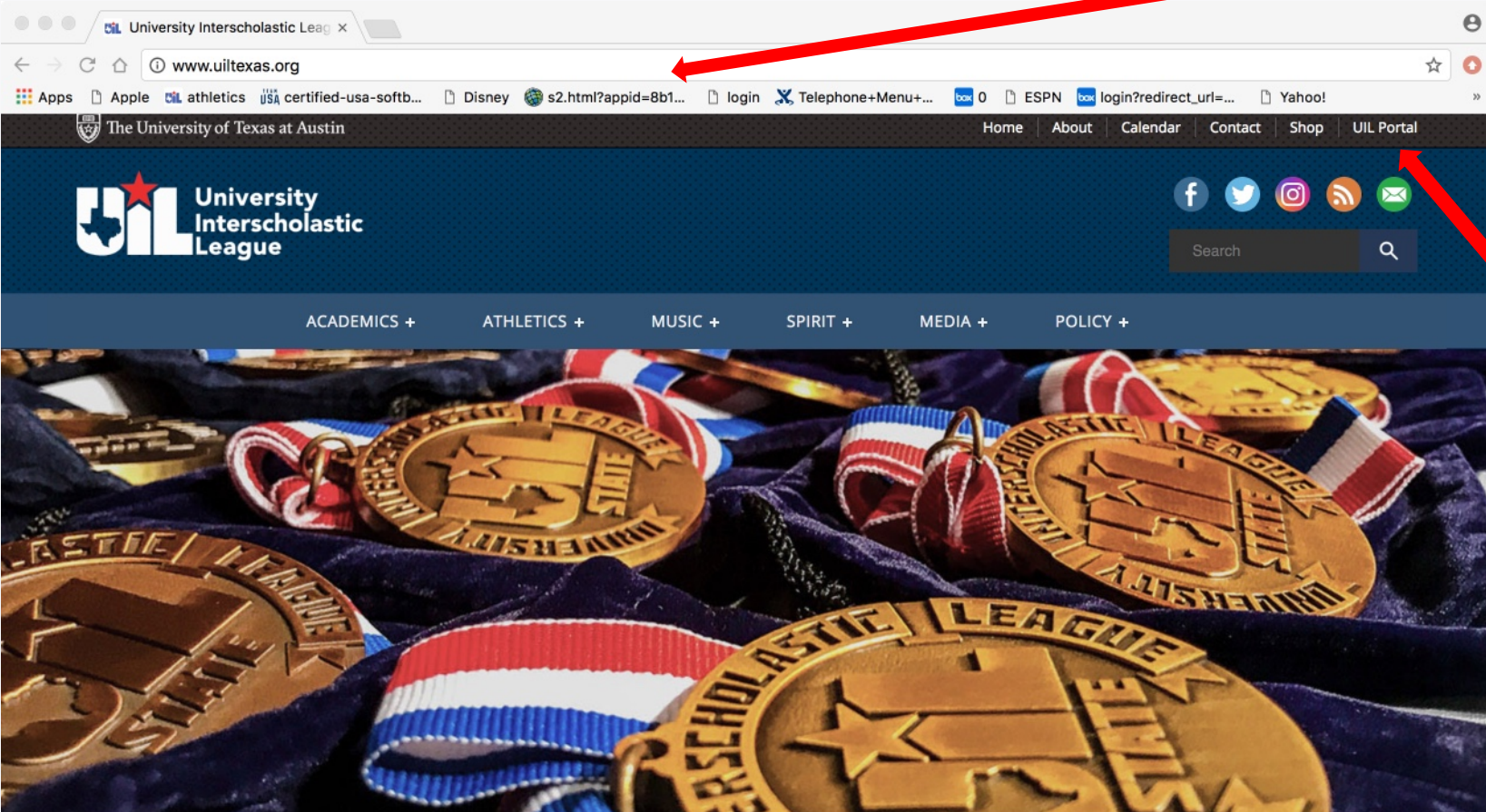
CCP – Coaches Certification Program

- **UIL Professional Acknowledgement Form**– On file with the district (C&CR 1202(j))
- **Coaches Certification Program (CCP)**– online or in-person training (C&CR 1208(i))
 - 1) Constitution & Contest Rules
 - 2) Ethics
 - 3) UIL Steroid Education
 - 4) Safety Training (state law)
 - 5) Concussion Training (state law)
 - 6) Sport Specific Training – each sport has a separate module
 - 7) **Football Coaches ONLY** – Best Practices in Tackling certification
 - 8) **First Year Coaches ONLY** - Fundamentals of Coaching in Texas (C&CR 1202 (L))

Accessing the UIL Portal

From your desktop

www.uiltexas.org



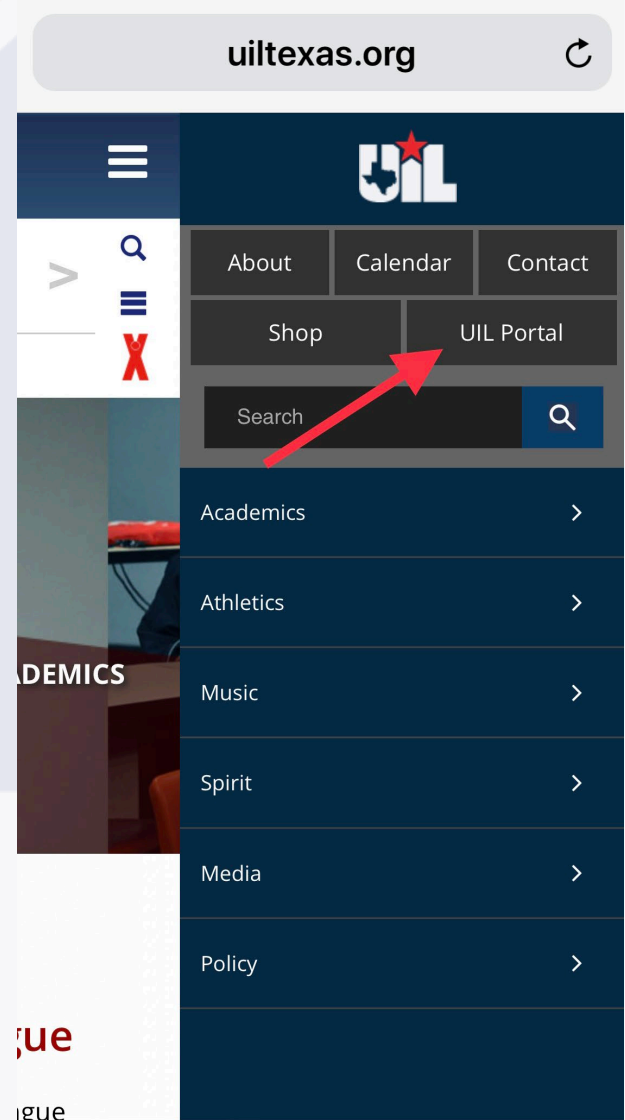
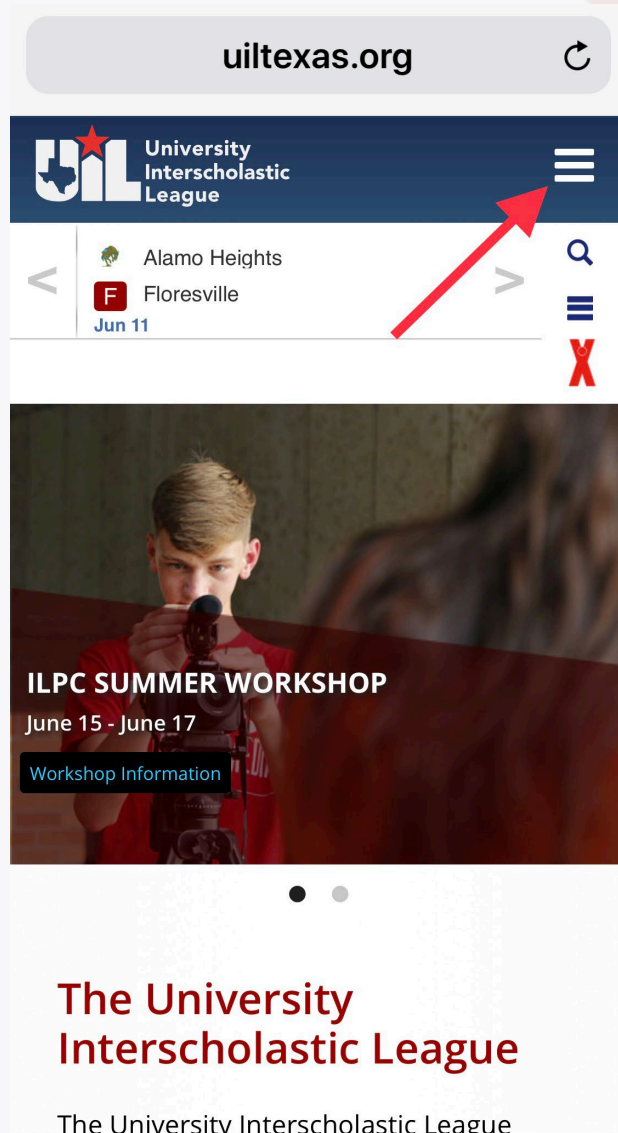
**UIL
Portal**

The University Interscholastic League

The University Interscholastic League exists to provide educational extracurricular academic, athletic, and music contests.

Accessing the UIL Portal

From your phone





PRACTICE REGULATIONS

(C&CR 1206)

School is In-Session

- **Eight Hour Rule** - Practice outside the school day, from the beginning of the school week through the end of the school week (excluding holidays), is limiting to a maximum of eight hours per school week per activity.
- The In-School athletic period does not count towards the allotted 8 hours
- Any TIME used in connection with a practice that is not part of the athletic period counts as part of the 8 hours. (Dress, mandatory weights/video/meetings, etc.)



CONTEST REGULATIONS

➤ **High School - One Contest per School Week :**

Per activity-Per Student

Exceptions: Tournaments, Post-Season, Postponed District Varsity Games

➤ **Junior High – 1 Contest Per Calendar week.**

Difference between Calendar and School week:

➤ **Calendar Week :**

- 12:01 am Sunday to midnight Saturday

➤ **School Week:**

- 12:01 on 1st instructional day of the week to close instruction on the last instructional day of the week

**Know Your
Sport
Yearly Game
Limitations!!
(See Manual)**

of

Eligibility





ELIGIBILITY

Eligibility - 1st Six-Weeks of School Year

- **Grades nine and below** - promoted
- **Second Year of High School** – five accumulated credits
- **Third Year of High School** - ten accumulated credits or five credits within the last twelve months
- **Fourth Year of High School** - fifteen accumulated credits or five credits within the last twelve months

ELIGIBILITY

Sub-Varsity and Junior High

An Individual is Eligible to participate if...

Sub Varsity Eligibility

- Full Time Student
- Academically Eligible

Junior High Eligibility

- Full Time Student
- Academically Eligible
- Age Appropriate for JH athletic competition



ELIGIBILITY

Varsity Athletics



- Meets all requirements of Section 400 & 403
- Is an amateur
- Meets Parent Residence Rule
- Meets the Age Rule
- Has not changed schools for athletic purposes
- Previous Athletic Participation Form

PREVIOUS ATHLETIC PARTICIPATION FORM (PAPF)

*Required for All **NEW** students in grades 9-12 who have:*

- **Required** if a student practiced or participated with a former school in grades 8-12 in any UIL athletic activity.
- New school must verify that the student meets the **parent residence rule**.
- **District Executive Committee** must determine that student did not move for athletic purposes and approve PAPF before a student is eligible to participate at the **varsity** level at the new school
- Filed with the UIL.

Non-school Participation

(Team Sports)

Team Sports

Football, Volleyball, Basketball, Soccer, Baseball, Softball In accordance to Section 1201, 1206 and 1209 regarding non-school competition (leagues, camps, clinics, clubs, tournaments, 7 on 7, lineman challenges) coaches:

The C&CR **prohibits** the following:

- 1) Coaching students from your attendance zone in grades 7-12.
- 2) Scheduling games between your team and one other team.
- 3) Transporting kids to non-school activities.
- 4) Using school equipment, uniforms or first aid equipment.
- 5) Using school or booster funds.
- 6) Pressuring athletes to play non-school leagues.
- 7) Participating with athletes in their sport.

*****Coaches cannot gain financially from a student's participation in a non-school activity.*****





Non-school Participation

(Team Sports)

In accordance to Section 1209 regarding non-school competition (leagues, camps, clinics, clubs, tournaments, 7 on 7) coaches or a group of coaches:

The C&CR **allows** the following:

- 1) You can supervise the facility.
- 2) You can assist with organization. You are allowed to assign officials, secure facilities, develop schedules, assist with registration and help secure equipment.
- 3) You can assist with the selection of coaches.
- 4) You can assist with the selection of players.
- 5) You can distribute information about non-school activity.
- 6) You can collect registration fees that are made payable to an outside entity (not the school).



NON-SCHOOL PARTICIPATION

Section 1209, Non-School Participation

NEW RULE (2019-20): School Sponsored Camps

- ✓ School sponsored camp for students in *grades six and below*: two camps are allowed, per sport, during the school year.
- ✓ Allowed in BASEBALL, BASKETBALL, FOOTBALL, SOCCER, SOFTBALL AND VOLLEYBALL.
 - All students with the **exception** of students entering their **second, third or fourth** year of high school may attend two school sponsored camps during the summer break.
 - Instruction can be given by 7th-12th grade coach from their school district.

See Off-Season & Non-School Participation – Section 1209

(continued on next slide)

Non-school Participation

(Team Sports)

Team Sports

Football, Volleyball, Basketball, Soccer, Baseball, Softball In accordance to Section 1201, 1206 and 1209 regarding non-school competition (leagues, camps, clinics, clubs, tournaments, 7 on 7, lineman challenges) coaches:

The C&CR **prohibits** the following:

- 1) Coaching students from your attendance zone in grades 7-12.
- 2) Scheduling games between your team and one other team.
- 3) Transporting kids to non-school activities in school vehicles or with school resources.
- 4) Using school equipment, uniforms or first aid equipment.
- 5) Using school or booster funds.
- 6) Pressuring athletes to play non-school leagues.
- 7) Participating with athletes in their sport.

*****Coaches shall not gain financially from a student's participation in a non-school activity.*****





Non-school Participation

(Team Sports)

In accordance to Section 1209 regarding non-school competition (leagues, camps, clinics, clubs, tournaments, 7 on 7) coaches or a group of coaches:

The C&CR allows the following:

- 1) You can supervise the facility.
- 2) You can assist with organization. You are allowed to assign officials, secure facilities, develop schedules, assist with registration and help secure equipment.
- 3) You can assist with the selection of coaches.
- 4) You can assist with the selection of players.
- 5) You can distribute information about non-school activity.
- 6) You can collect registration fees that are made payable to an outside entity (not the school).



NON-SCHOOL PARTICIPATION

Summer Camps (Team Sports)

- ✓ Attendance is limited to no more than six consecutive days for each camp.
- ✓ School Equipment. Schools may not furnish any individual player equipment, including uniforms, shoes, caps, gloves, etc., but may furnish balls and court equipment including nets, standards, goals, balls, etc. for volleyball, basketball and soccer camps.
- ✓ For football camps, schools may furnish hand dummies, stand-up dummies, passing and kicking machines and footballs. Use of any other football equipment, including contact equipment, is prohibited.
- ✓ For baseball and softball camps, schools may furnish balls, bats, bases, pitching and batting machines, batting helmets and catcher protective equipment. No other baseball or softball equipment may be used.

See Off-Season & Non-School Participation – Section 1209

Miscellaneous Information





BASKETBALL PLAYING RULES

Playing Rules. The current National Federation Basketball Rules shall govern League softball. Rule books may be ordered from the NFHS customer service office (800-776-3462) or online at www.nfhs.org.

NFHS rulebooks may also be available for purchase on iTunes, Amazon and online sites.





RULE CHANGES 2019 - 2020

3-4-3e (2): ~~The team jersey color itself when bordered with not more than two ¼ inch solid border(s) contrasting with the team jersey color.~~ (Effective 2023-24)

Rationale: The number being the same color as the jersey, though bordered by a contrasting color, is difficult to see. Two options for number design remain.

3-5-4b: A headband is any item that goes around the entire head. It must be a circular design without extensions. If worn, only one headband is permitted, it must be worn on the forehead/crown. It must be nonabrasive and unadorned, and it must be no more than 3 inches wide.

Rationale: To make the Basketball and Volleyball rule codes on headbands, the same. Players cannot wear headbands that are wider than 2 inches in basketball but are allowed to wear up to 3-inch headbands in volleyball.





RULE CHANGES 2019 - 2020

3-5-4d: Add to (d) - Hair control devices are not required to meet color restrictions.

Rationale: To address inconsistent interpretations regarding items such as pre-wrap controlling hair.

3-5-5: Add Note: NOTE: Provided the shorts are not in conflict with 3-4-5, no drawstring or other part of the shorts intended to maintain them in a normal position causes potential harm to the player or others and wearing of the shorts is not objectionable in exposing the anatomy, there is no restriction on folding or rolling the shorts at the natural waistband seam.

Rationale: Rolling of the shorts is only illegal by interpretation, not by current rule. This is an attempt to modernize the rule and allow what players seem to want and what serves as no harm to the game or its integrity. In particular, this interpretation was made because allegedly manufacturers did not intend on the shorts to be rolled when in fact many manufacturer reps will tell you that the seams are intentionally made to offer options in the way they are worn.





RULE CHANGES 2019 - 2020

3-5-8 NEW: MOUTHGUARD

1. A tooth and mouth protector (intraoral), if worn shall:
 - a. include an occlusal (protecting and separating the biting surfaces) portion;
 - b. include a labial (protecting the teeth and supporting structures) portion;
 - c. cover the posterior teeth with adequate thickness;
2. It is recommended that the protector be properly fitted, protecting the anterior (leading) dental arch and:
 - a. constructed from a model made from an impression of the individual's teeth, or
 - b. constructed and fitted to the individual by impressing the teeth into the tooth and mouth protector itself.
3. State associations may deem a tooth and mouth protector required equipment.

Change section 6 to 7; change section 7 to 8.

Rationale: Provides another safety option with specific with coverage for the devise.





RULE CHANGES 2019 - 2020

9-9-1: Exception:

A ball in team control of Team A in the front court that is deflected by a defensive player, which causes the ball to go into the backcourt, may be recovered by either team unless the offense was the last to touch the ball before it went into the backcourt. If the offense was last to touch the ball in its frontcourt, only the defense can legally recover the basketball.

Rationale: This was the original intent of the proposal from 2017-18 and 2018-19. Despite the committee's best efforts, the wording adopted, which mirrored the intent, has caused issues. This wording is identical to the exception at other levels of play and easier to teach and understand.





RULE CHANGES 2019 - 2020

10-5-5 Note: The head coach and any number of assistant coaches may enter the court in the situation where a fight may break out - or has broken out - to prevent the situation from escalating.

Rationale: Based on fight situations over the last couple years at the high school level, this change was needed. This was instituted at the NCAA level, and is a change that is good for the game of basketball in regards to player safety. It is difficult for officials to be able to help to separate players involved in a fight so changing the rule to allow the head coach and assistant coaches to assist in these types of situations will help the officials to regain control of the situation more quickly.





RULE CHANGES 2019 - 2020

Stop Clock for Jump/Held Ball-Part 3 of the NFHS Basketball Officials Manual-

#3: When a held ball occurs, covering official(s) shall stop the clock using signal #2 (straight arm, open palm extended) while simultaneously sounding their whistle. Then both arms are extended straight out, at chest level, with fist clinched. Thumbs are displayed as a part of the signal. Signal is given with both arms moving in an upward motion. Should be followed with a directional signal (See #6) indicating team possession.

*Occurs when opponents both have their hands on the ball and neither can gain control

*When an opponent places their hand on the ball and prevents an airborne shooter from passing or releasing the try.

Rationale: This change should help in the alleviation of conflicting calls by officials when a held ball occurs, ie. jump ball and foul both called on the same play. We currently raise one arm to stop the clock for everything except the jump/held ball.



Links found on UIL Website

- Constitution & Contest Rules (C&CR)
- TEA-UIL Side-by-Side
- Athletic Rules (Sections 1200 through 1210 C&CR)
- Rules Violations and Penalties (Section 1207 C&CR)
- Booster Club Guidelines
- Summer Strength & Conditioning Regulations
- Non-School Participation Regulations





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